



ST BENEDICT'S TUCKSHOP MENU

TERM 1 2020



SANDWICH BAR

BASICS:

JAM, VEGEMITE OR HONEY \$1.50

CHOOSE BREAD:

WHITE, WHOLEMEAL OR WHOLEGRAIN \$1.50

TOASTED 30c

ROLL \$2

WRAP \$1.50

ADD FILLINGS:

CARROT, LETTUCE, TOMATO, CUCUMBER, PINEAPPLE, CHEESE 50c

HAM, CHICKEN, TUNA, BANANA, EGG, CURRIED EGG, AVOCADO \$1

SALAD: CARROT, LETTUCE, TOMATO & CUCUMBER \$1.50

SALADS

GREEN SALAD \$3

LETTUCE, TOMATO, CUCUMBER, CAPSICUM, CARROT, FETTA

POTATO SALAD \$3

POTATO, CAPSICUM, MINT, MAYONNAISE

ADD PROTEIN \$1

HAM, CHICKEN, EGG

HOT FOOD

BURGERS:

CHICKEN BURGER \$4.50

HAMBURGER \$4.50

VEGIE BURGER \$4.50

FISH BURGER \$4.50

ADD CHEESE 50c

PASTA:

SPAGHETTI BOLOGNESE \$4.50

LASAGNE \$4.50

MAC N' CHEESE \$4

RAVIOLI- SPINACH AND CHEESE \$4

FRIED RICE

VEGETARIAN \$3.50

ADD HAM \$1

BAKERY:

MEAT PIE \$3.50

SAUSAGE ROLL \$3.50

PIZZA

HAM & PINEAPPLE \$4.50

HAM & CHEESE \$4.50

SALAMI \$4.50

CHEESE \$4

CHICKEN NUGGETS x3 \$1.50

POTATO GEMS x3 \$1.50

FISH FINGERS x3 \$1.50

HONEY SOY WINGS x3 \$1.50

JACKET POTATO \$3.50

ADD HAM \$1

CORN COB \$1

HARD BOILED EGG \$1

DRINKS

JUICE 150ML \$1.50

APPLE, GOLDEN PASH, OJ, TROPICAL, FRUIT CUP

MILK (UHT) 150ML

STRAWBERRY, PLAIN, OR CHOCOLATE \$1.50

HONETCOMBE 200ML \$2

EXTRAS

FRUIT SALAD & CUSTARD \$2

POPCORN 50c

APRICOT DELIGHT 50c

FROZEN YOGHURT \$2.50

ZOOPER DOOPER 50c

PADDLE POP \$2